THE MUSTARD SEED

May 2018

Faith Mennonite High School

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Interview with Anis Pohyoh

Siti Nur Anisfatihah Binti Muhammad Azlan. People call me Anis.

If you had to choose just one word to describe yourself, what word would you choose?

Weird. W is wonderful. E is excellent. I is intelligent. R is ridiculous. D is diligent.

Why did you want to study in the U.S.?

I wanted to have a great experience from school and have great memories. It was also one of my dad's dreams for me.

Tell me about your hometown. If I came to visit you, where in your hometown would you take

I live in Thailand, in the southern part. There are many beautiful beaches. There is lots of good food. It's all my favorite because I love food. I would serve my visitors papaya salad and sticky rice and take them to the beach.

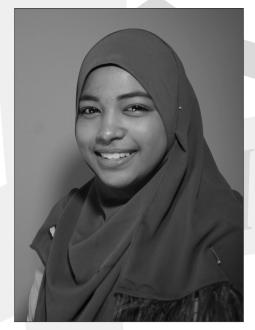
What is one thing you love and respect about your mother or father?

I love how they take care of me, listen to my problems, serve me, and let me do things by myself. They trust me. They let me fly by myself and drive a car by myself. They let me learn by myself. They don't teach me my homework, but let me learn by myself.

What is one difference between education in Thailand and education in America?

My school in Thailand has many students. It is a big school. The teachers don't invest as much in the students' lives as the ones at Faith do. I like the teachers at Faith because they care about me

in it. I don't know how to thank the teachers over here. They have changed me a lot and they show a lot of support.



What is one part of American culture that surprised you?

I love the way people are honest in the Mennonite culture. They communicate to people in the same level, not like Thailand. Here, we are all on the same level. It's fun to talk to the seniors even though they are older than me. I can still talk to them about everything.

If you could be extremely talented at something,

what would you choose to be talented at?

I like to speak and sing. I love show, but that's not my dad's favorite.

If you had ten million dollars, what would you do with the money?

I would build a school for poor people and then they wouldn't have to pay tuition.

If you could travel to anywhere in the world right now, where would you go?

I would go to Saudi Arabia to do a pilgrimage to

What brings you the most joy here at school?

The people - the students and the teachers. I also like the sports and the cooking we do in Home

What will you miss most about our community when you leave?

The people, the hugs they give me, singing with my friends, and all the support from the teachers and my friends.

What are your plans when you go back to

I will probably find a job for me when I go back to Thailand. I will probably go to my previous primary school and teach English for the fourth, fifth, and sixth graders. My mom is working on opening a shop for me. I will share with her. She will sell clothing and I will sell American food.

Anis Pohyoh is a foreign exchange student from Thailand. She attended Faith High School for the past year as a freshman. Interviewed by Kristal Bange

Intramurals

Intramurals is always a highlight for every student at FMH. Not only does it provide great entertainment for each day, but also gives the student body extra time to interact with each



other on and off the court. Intramurals consist of a basketball tournament and volleyball tournament within the student body during an extended lunch period.

This year, basketball intramurals was taken to a completely new level. Instead of simply watching each game, several fans used a microphone, and began to act as commentators. The halftime shows provided a new twist to the games, and was

a great source of amusement and entertainment for the spectators. In each tournament, there were many surprising upsets and great plays, which made for an exciting couple weeks. For the guys' final game, the guys competed with the teachers, which resulted in a student victory!

For volleyball intramurals, the games were played co-ed with about 12 different teams. These teams were placed into 4 divisions with



the top 2 advancing to the playoffs. Some very intense volleys were played in the games, but also a few plays that erupted in laughter. Overall, these intramurals made for many unforgettable

Ialisa Yoder

Health

As a senior at Faith High School, Health is a required half credit course occurring two or three times a week. We studied physical, mental, social, and spiritual wellness. In Health we learned how to take care of our bodies by the way we eat and the amount of exercise we do. We also learned a lot about stress, about how some stress is good and how to cope with bad stress. Health also taught us to keep our spiritual health a priority. There were a few days when people from outside of school came to teach us more about Health. Gary Miller, a trainer, came in and taught us a lot about the benefits of exercise. A nutritionist came in and taught how to structure a well-balanced diet. Ken Esh, an EMT at Gordonville, brought an ambulance and showed us how to treat some minor injuries like ankle sprains, and also taught us how to make a device using a stick and a shirt to stop the bleeding on a gushing wound.

Wyatt Stoltzfus

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Editorial

Another year is complete. As we reflect on the past school year, we see new friends, new experiences, growth, change, and an abundant amount of grace from our Father. The experiences we've gone through these past nine months have all been a part of shaping us into the people we are today. The struggles, the good times, and everything in between have played a part in the growth we have experienced.

As we look ahead to what lies before us, we may feel fear, excitement, uncertainty, and a myriad of other emotions. But one thing is certain, we know who holds our tomorrow. The Author of our lives hasn't finished our story just yet; and even though it is hard to let go and hard to trust, He will carry us through every experience of life in His arms of love. So here's to a new chapter that, no doubt, will be full of laughter, unforgettable times, and pure joy. And here's also to the times of this chapter that may be hard, lonely, and sad. May all the experiences we go through always lead us to rest at the feet of our Savior.

Shannon Stoltzfoos

continued from Alumni Feature

need to know or be able to do when I was a student at FMH, but God was prepara ing me for a journey that has found me using many of those valuable experiences. I expect that God will continue to use me and what I learned at FMH in new and exciting ways in the future."

Kendall & Heather Lapp, Milo and Juliette

Students Speak Out

What did you learn while serving on Class Exec this year?

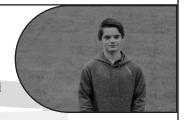


Junior-Becca Stoltzfus, Treasurer

"Being on exec taught me that leadership and teamwork go hand in hand. Learning to work together as a team and not as individuals is kev."

Freshman- John Stoltzfus, Vice President

"It was good working together with other people and their different opinions. Being organized and making sure things were planned was also something else I learned. It was fun to see my fellow classmates enjoy the socials that were prepared by exec."





Sophomore-Karen Smucker, Secretary

"It's an honor and a privilege to be able to serve the class on exec. It teaches you the importance of working together and combining ideas in order to plan a successful event."

Senior-Ryan Stoltzfus, President

"This year while serving on exec, I have learned a lot about being a servant and being willing to sacrifice."



Calendar

Aug 20 School House Cleaning

> 21 Freshmen Testing

Staff Orientation

27 First Day of School

No School 03

Sept

17 PTF 7:00 PM

Oct Grandparents' Banquet

> PSAT/NMSQT Testing 10

No School (MACSA) 18-19

Alumni Feature

"The love for learning that I gained at FMH inspired me to begin teaching. After spending

2 years in teacher-training, I was able to use many of the skills and experiences that I learned at FMH as a student, to teach some of those same classes as a teacher at FMH.

In 2014, I moved to western Pennsylvania to help my family start Lapp Family Market, a re-

tail grocery and deli, in Latrobe, PA. The last 4 years that I've spent in the business have been significantly aided by the computer and business classes that I had at Faith.

In 2017, God called me to serve in the ministry at our local outreach church. As I serve God in

> this capacity, I find it easy to draw inspiration from my years at Faith. The lessons I learned and now use come from almost any class that I took. I credit the many dedicated and visionary teachers that helped me prepare for a future none of us could see. The many varied classes that I took and skills that I learned at

FMH have shown up in many different and even unexpected ways throughout God's call in my life. I could never have predicted or anticipated what I would continued under Editorial

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